

Quick Start Cricket Precise-2020

FOR BEST PERFORMANCE SIZE AND FIT CORRECTLY



Size the white band to fit loose around your waist, similar to a gun holster. Size the yellow band to fit tight around your waist.



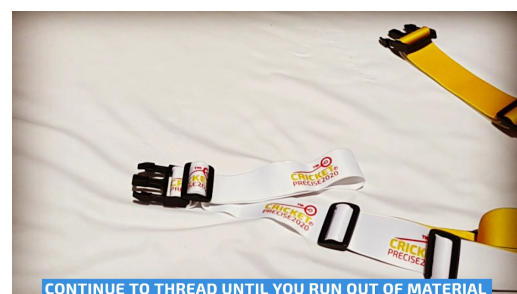
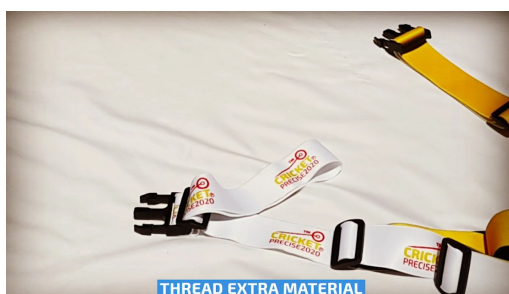
Sizing and fitting your armbands. *Important! Check both armbands for a tight fit around your lower bicep.



To reduce the size of your Laser Strap, hold and slide the adjustable buckle. Players over 225 lb, or 100 kg; don't need to adjust the size.



Continue to thread the material through the buckle until you run out of material.



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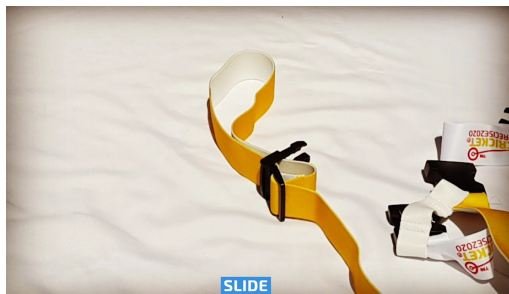
PART 2



Size the yellow anchoring band for a tight fit around your waist.



SIZE FOR A TIGHT FIT AROUND YOUR WAIST

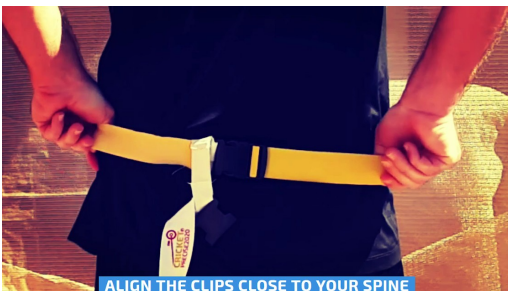


SLIDE

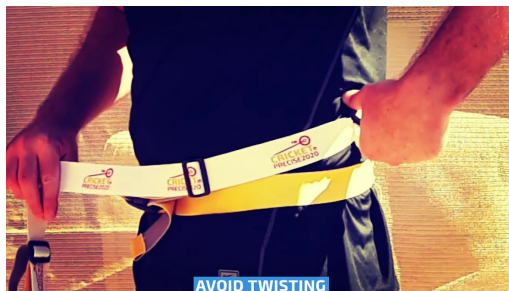


SLIDE

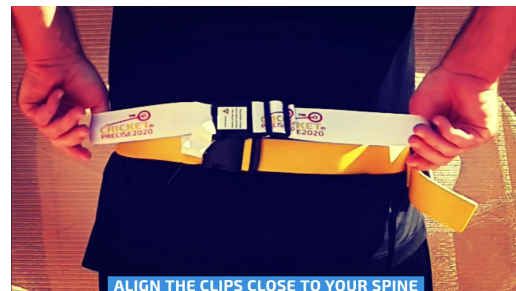
Fit the anchor band around your waist, clip it in. Lift the white and attach around your waist. Align the clips at the base of your spine.



ALIGN THE CLIPS CLOSE TO YOUR SPINE



AVOID TWISTING



ALIGN THE CLIPS CLOSE TO YOUR SPINE

Slide, and align the armbands to your hips. Holding both the Laser Strap and armband material, stretch a hole; sliding your hand inside.



SLIDE AND ALIGN ARMBANDS TO YOUR HIP



PULL AND SLIDE ARMBANDS INTO POSITION

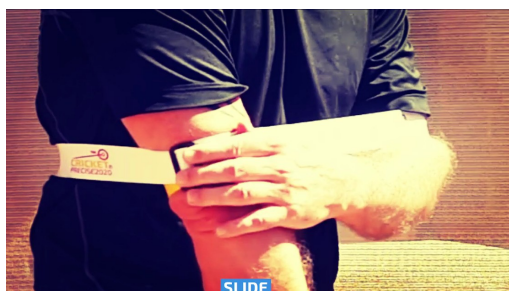


STRETCH A CIRCLE WITHIN THE ARMBAND

Slide up your arm; placing above your elbow, and repeat. Slide, and align the armband clips.



PLACE AT YOUR LOWER BICEP



SLIDE



ALIGN THE CLIPS CLOSE TO YOUR SPINE

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